

Pain Patient Guide



Pain Management

Pain Management is a medical specialty that focuses on finding and treating the source of acute and chronic pain.

Pain can take over your life no matter what the source. Whether you've thrown your back out during a weekend in the backyard or are suffering from pain that just won't go away, you can take control of your life with a pain evaluation at Southeast Pain and Spine Care. Our physicians are double board certified in anesthesiology/neurology and pain management. They work with you, using the least invasive methods possible, to customize a treatment plan that will return you to a more active lifestyle.

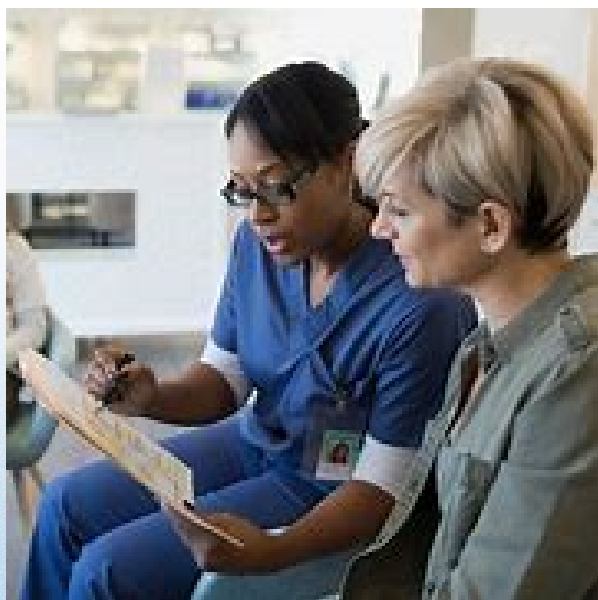
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About Southeast Pain and Spine Care

At Southeast Pain and Spine Care, we focus on interventional pain procedures (injections), supporting medications and more advanced therapies to control and relieve the pain of our patients. We focus on two types of pain: acute and chronic pain.

- Acute pain management is designed for active adults who have new pain symptoms and need the help of a specialist. In some cases, pain control is not just a matter of comfort, but it is also a matter of medical safety that can contribute to the healing process.
- Chronic pain is a complex condition that refers to pain that lasts longer than expected for a disease or injury. It is frequently severe enough to limit a person's activity or make it difficult to function at work and home. If you have had pain for longer than two weeks, you should be evaluated by a pain specialist.

Southeast Pain & Spine Care's physicians are double board certified / eligible by the American Board of Medical Specialists in Anesthesiology or Neurology and Pain Management. Our doctors, along with our Advanced Practitioners (Physician Assistants & Nurse Practitioners) have been providing care in North Carolina, South Carolina, and Virginia for over 20 years.



SEPSC's Pain Management Approach

Southeast Pain and Spine Care offers a multi-disciplinary approach to pain management. We believe that it is vital to work closely with each patient to determine the proper treatment program. Our years of experience help us listen and create a treatment plan unique to your individual needs.

Our overall approach to pain management may include one or more of the following components:

- **Interventional techniques** – As pain management specialists, our physicians have a wide array of highly specialized interventional techniques. Some examples of interventional techniques include stimulators, radiofrequency ablation and catheters.
- **Medication management** – Physicians review the type and frequency of medications to prevent over medication, but ensure pain relief.
- **Rehabilitation** – Physicians work with physical therapists to create a rehabilitation program when necessary. Many times physical and occupational therapy can help provide pain relief.

Conditions We Treat

- Arm pain
- Neck pain
- Leg pain
- Sciatica
- Nerve pain
- Back pain
- Myofascial pain
- Headaches and migraines
- Post-surgical pain
- Spinal cord injury
- Shingles pain
- Diabetic nerve pain
- Arthritis pain
- Failed Back Surgery Syndrome
- Complex Regional Pain Syndrome (or RSD)
- Peripheral vascular disease/low blood flow
- Work related injury
- Weekend warrior pain

For additional information regarding a specific pain condition please visit <https://www.sepainandspinecare.com/contactus/>

Treatment Options Available

We have many pain care treatment options. Some of these include:

- Botox
- Vertiflex
- Epidural Steroid Injections
- Nerve Blocks
- Trigger Point Injections
- Joint Injections
- Facet Injections
- Radiofrequency Lesioning/Ablation
- Peripheral Nerve Stimulators (PNS)
- Spinal Cord Stimulation
- Dorsal Root Ganglion (DRG) Stimulators
- Pain Control Medications

For additional information regarding a specific treatment option please visit <https://www.sepainandspinecare.com/contactus/>



**Call 866-228-1108 or scan code
for an appointment today.**



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Services Provided at the Following Locations:

Ballantyne

14135 Ballantyne Corporate Place
Suite 250
Charlotte, NC 28277
Phone: 704-512-6601

Blue Ridge

720 Malcolm Boulevard
Valdese, NC 28690
Phone: 828-580-7620

Carolina Orthopaedic Surgery Associates

134 Professional Park Dr
Rock Hill, SC 29732
Phone: 803-329-3130

Denver

1585 Forney Creek Parkway
Denver NC 28037
Phone: 704-801-1760

Hampton Roads

814 Kempsville Rd.
Suite 104, Bldg 17
Norfolk, VA 23502
Phone: 757-455-8887

Hickory

a Facility of Grace Hospital
located in Burke County
2134 14th Avenue Circle, NW
Hickory, NC 28601
Phone: 828-580-2280

Huntersville

16455 Statesville Road
Suite 310
Huntersville, NC 28078
Phone: 704-801-2501

Kings Mountain Hospital

706 W. King Street
Kings Mountain, NC 28086
Phone: 980-487-5500

Morehead

Morehead Medical Plaza
1025 Morehead Medical Dr
Suite 225
Charlotte, NC 28204
Phone: 704-355-7150

Mount Holly

275 Beatty Drive
Belmont, NC 28012
704 512-3475
704 512-3487 (Fax)

Museum Medical Center

3030 Randolph Rd
Suite 100
Charlotte, NC 28211
Phone: 704-512-4450

Piedmont Medical Center

200 S. Herlong Ave
Suite A
Rock Hill, SC 29732
Phone: 803-324-1028



Shelby

201 East Grover St.
Shelby, NC 28150
Phone: 980-487-2660

Stanly

929 North Second St.
Suite 101
Albemarle, NC 28001
Phone: 980-323-4730

Union

355 Venus St.
Suite A
Monroe, NC 28112
Phone: 980-993-7230

University

101 East WT Harris Blvd
Suite 4001
Charlotte, NC 28262
Phone: 704-863-5401